



PEER EDUCATOR

HIV / AIDS

SAQA US: 8555

NQF Level: 4

Duration: 2 Days

Course description

The Peer Educator HIV/AIDS Course aims to train individuals to serve as knowledgeable resources and educators within their communities or workplaces, focusing on HIV/AIDS awareness, prevention, and support.

Course outcome

Completing the Peer Educator HIV/AIDS Course empowers individuals to play a crucial role in disseminating accurate information, reducing stigma, and promoting behaviour change to combat the spread of HIV/AIDS while providing support to those affected.

Course content

MODULE 1: INTRODUCTION

- 1.1 South African Code of Good Practice on HIV and AIDS and the World of Work.
 - 1.1.1 Preamble.
 - 1.1.2 Definitions.
 - 1.1.3 Key principles.
 - 1.1.4 Elimination of unfair discrimination and promotion of equal opportunity and treatment.
 - 1.1.5 Promoting a healthy and safe working environment.
 - 1.1.6 Management of HIV and AIDS in the workplace.
 - 1.1.7 Monitoring and evaluation (M&E).

MODULE 2: PEER EDUCATION

- 1.1 What is Peer Education.
- 1.2 Why Peer Education at the workplace.
- 1.3 Characteristics of a good Peer Educator.
- 1.4 What do Peer Educators do.
- 1.5 Behaviour Change.
- 1.6 Tips for peer educators.
 - 1.6.1 Planning Peer Education sessions.
 - 1.6.2 Preparing for sessions.

MODULE 2: TOPICS AND ACTIVITIES

- 2.1 HIV Prevention
 - 2.1.1 The Statistics
 - 2.1.2 The impact of HIV/AIDS
 - 2.1.3 What is HIV?
 - 2.1.4 What is AIDS?
- 2.2 How does HIV attack the body?
 - 2.2.1 The immune system and HIV
 - 2.2.2 Stages of the HIV life cycle
 - 2.2.3 HIV Symptoms
 - 2.2.4 Is there a cure for HIV and AIDS?
 - 2.2.5 When to get tested for HIV?
 - 2.2.6 Why get tested for HIV?
 - 2.2.7 How does HIV get transmitted?
 - 2.2.8 The main ways you can get HIV
 - 2.2.9 How can I avoid getting HIV from unprotected sex?
 - 2.2.10 Parent to child transmission
 - 2.2.11 Blood to blood contact
 - 2.2.12 Sharing injecting equipment

- 2.2.13 Contaminated blood transfusions and organ/tissue transplants
- 2.2.14 Myths about HIV and AIDS
- 2.2.15 Am I ready for sex?
- 2.2.16 Sexual consent
- 2.2.17 Safe sex
- 2.2.19 Sexual behaviour
- 2.3 Alcohol, drugs, sex & HIV
 - 2.3.1 Being diagnosed with HIV
 - 2.3.2 Antiretrovirals
 - 2.3.3 Who is at risk?
 - 2.3.4 Why is the HIV epidemic increasing in South Africa?
 - 2.3.5 Prevention of HIV and STIs
- 2.4 Sexually Transmitted Infections
 - 2.4.1 What is the difference between STDs and STIs?
 - 2.4.2 STIs and HIV
 - 2.4.3 STIs in the workplace
 - 2.4.4 Some common STIs
- 2.5 Alcohol/Drug Use and HIV
- 2.6 Condom Use
- 2.7 Voluntary Counselling and Testing (VCT)
 - 2.7.1 Benefits of an HIV test
 - 2.7.2 Mandatory HIV testing
- 2.8 Prevention of Mother-to-Child Transmission (PMTCT)

MODULE 3: CARE AND SUPPORT

- 3.1 Living Positively with HIV
- 3.2 Opportunistic Infections and Antiretroviral Therapy
- 3.3 Gender and HIV
 - 3.3.1 Challenges for men and women
 - 3.3.2 Addressing gender inequality in the context of HIV/AIDS
 - 3.3.3 Men who have sex with men
- 3.4 Workers' Rights and HIV
 - 3.4.1 Human Rights
 - 3.4.2 HIV/AIDS Workplace Policies

THEORETICAL ASSESSMENTS

Formative Assessment (open book)
Summative Assessment (closed book)

PRACTICAL ASSESSMENT

Roleplay Assessment

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